SOTL Reading Group: *Creating Self-Regulated Learners: Strategies to Strengthen Students' Self-Awareness and Learning Skills*, by Linda Nilson

**Facilitators:**
Shannon Sipes (Instructional Consultant, Center for Innovative Teaching and Learning)
George Rehrey (Director, Scholarship of Teaching and Learning program)

Self-regulated learners are active in their own learning process using metacognitive, motivational, and behavioral strategies to achieve success. These are skills that faculty members can help all of their students develop. In her book *Creating Self-Regulated Learners: Strategies to Strengthen Students' Self-Awareness and Learning Skills* (Stylus Publishing, 2013), Linda Nilson (Office of Teaching Effectiveness and Innovation at Clemson University) “provides the theoretical background to student self-regulation, the evidence that it enhances achievement, and the strategies to help students develop it” (amazon.com).

Some of the topics we will discuss in the book group will include distinguishing how self-regulated learning is different from other learning approaches; opening and closing a course with self-regulated learning; self-regulated learning in readings, lecture, meta-assignments, and the incorporation of self-regulated learning in course design.

One reviewer noted, “Linda Nilson has provided a veritable gold mine of effective learning strategies that are easy for faculty to teach and for students to learn. Most students can turn poor course performance into success if they are taught even a few of the strategies presented.”

In anticipation of Nilson’s visit to Bloomington’s campus there will be a reading group that meets on four occasions to discuss *Creating Self-Regulated Learners*. The reading group is open to all faculty and graduate students of Indiana University but registration is limited to 15. Participants will receive a copy of the book and will meet as a group with Nilson when she visits the Bloomington campus in November as one of our SOTL speakers.

**Meetings will be held in the Center for Innovative Teaching and Learning in the Wells Library from 9:05-10:30 a.m. on Fridays. Meeting dates include: Sept. 9, Sept. 30, Oct. 21, and Nov. 18, 2016.**

If you are interested in joining the book group and can commit to attending all four of these meetings, please fill out the brief application form (it will download as a Word document) and return to Shannon Sipes at sotl@indiana.edu.