

P398
ADAPTED PHYSICAL EDUCATION (APE)
SPRING 2012

Class Meeting: M,W,F 10:10-11:00am
Laboratory TH 5:30-7:30pm

Instructor: Dr. Georgia Frey

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Office Hours: By appointment

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Program Staff: Kristen Marley, Colleen Farrell, Shawna Grosenbacher, Franci West, Grace Balcerak, Kevin Brennan, Devin Anderson, Stephanie Wellman, Jamie Huisenga, Courtney Johnson, Stephanie Scott, George Meyer

Course Objective:

To provide students with the theoretical and practical knowledge to confidently plan and implement appropriate physical activity programs for people with disabilities in a variety of settings.

Instructional Objectives:

Upon completion of this course the student should be able to:

1. Demonstrate a basic knowledge of characteristics associated with various physical, metabolic, cognitive, learning, and social/emotional disabilities.
2. Demonstrate a basic knowledge of the current federal and state laws that effect individuals with disabilities.
3. Apply knowledge concerning the implementation and facilitation of physical activity programming for individuals with disabilities. This includes activity/equipment adaptation, program development, and assessment.
4. Demonstrate knowledge of the current terminology and societal issues associated with individuals with disabilities.
5. Demonstrate a basic knowledge of disability sport.

*The student may gain other skills and additional knowledge that are not specifically identified.

Required Materials:

All materials will be made available on Oncourse.

Proposed Lecture Schedule (subject to change according to instructor's discretion-you will be notified of any changes):

Lecture will not be held on Fridays after Jan. 28, but will resume Apr. 27. Put these dates in your calendar. We WILL meet on Fridays to take exams.

Jan. 9	Introduction
Jan. 11	Motor Behavior/Activity Planning
Jan. 12	NO LAB
Jan. 13	Motor Behavior/Activity Planning; LAB MANUAL ASSIGNMENT DUE
Jan. 16	MLK Holiday
Jan. 18	Behavior Management/Activity Planning;
Jan. 19	5:30 MANDADORY LAB ORIENTATION-DRESS APPROPRIATELY
Jan. 20	Behavior Management/Activity Planning
Jan. 23	Assessment
Jan. 25	Cognitive Disabilities Section: Topics may include intellectual disabilities, traumatic brain injury, autism spectrum disorders; CHILD INFORMATION SHEET DUE
Jan. 26	LAB 1
Jan. 27	Activity Plan Development
Jan. 30	Cognitive Disabilities; ACTIVITY PLAN 1 DUE; BEHAVIOR PLAN DUE
Feb. 1	Cognitive Disabilities
Feb. 2	LAB 2
Feb. 6	Cognitive Disabilities
Feb. 8	Cognitive Disabilities

Feb. 9 **LAB 3**

Feb. 13 Cognitive Disabilities; **ACTIVITY PLAN 2 DUE; ACTIVITY REFLECTION 1 DUE**

Feb. 15 Neuromuscular and Musculoskeletal Disabilities section: Topics may include cerebral palsy, spinal cord injuries, amputation

Feb. 16 **LAB 4**

Feb. 17 **TENTATIVE EXAM 1**

Feb. 20 Neuromuscular and Musculoskeletal Disabilities

Feb. 22 Neuromuscular and Musculoskeletal Disabilities

Feb. 23 **LAB 5**

Feb. 27 Neuromuscular and Musculoskeletal Disabilities; **ACTIVITY PLAN 3 DUE; ACTIVITY REFLECTION 2 DUE**

Feb. 29 Neuromuscular and Musculoskeletal Disabilities

Mar. 1 **LAB 6**

Mar. 5 Communication Disorders Section: Topics may include visual impairments, hearing impairments

Mar. 7 Communication Disorders

Mar. 8 **LAB 7**

Mar. 12 **SPRING BREAK**

Mar. 19 Communication Disorders; **ACTIVITY PLAN 4 DUE; ACTIVITY REFLECTION 3 DUE**

Mar. 21 Communication Disorders

Mar. 22 **LAB 8**

Mar. 23 **TENTATIVE EXAM 2**

Mar. 26 Other Health Impairments Section: Topics may include diabetes, seizure disorders, asthma;

Mar. 28	Other Health Impairments
Mar. 29	LAB 9
Apr. 2	Other Health Impairments; ACTIVITY PLAN 5 DUE; ACTIVITY REFLECTION 4 DUE; PROGRESS REPORTS DUE
Apr. 4	Other Health Impairments
Apr. 5	LAB 10
Apr. 9	Mental Health Disorders Section: Topics may include eating disorders, conduct disorders, and depression
Apr. 11	Mental Health Disorders
Apr. 12	LAB 11
Apr. 16	Disability Law
Apr. 18	Disability Sport
Apr. 19	LAST LAB (PLAY DAY)
Apr. 23	Disability Sport; ACTIVITY REFLECTION 5 DUE; CASE STUDIES DUE
Apr. 25	Disability sport
Apr. 27	LAST CLASS

Final Exam: Monday April 30, 10:15am-12:15pm. Exams WILL NOT be rescheduled for personal reasons such as medical appointments, travel, or work. The final exam will be rescheduled when a student has more than 2 finals on the same day and only with written verification.

Evaluation Procedures:

There are two general components to class evaluation procedures: lab assignments and exams. The lab is composed of the following grades: attendance, conduct, activity plan implementation, activity plans, activity reflections, student information sheet, behavior plan, and case study. There will be three exams in the class and each is worth the same amount of points.

Lab Evaluation (see lab manual for more details):

Lab Attendance= (5 points x 13)

65 points

Lab Conduct= (5 points x 13)	65 points
Activity Plans= (25 points x 5)	125 points
Activity Reflections= (15 points x 5)	75 points
Activity Implementation= (5 points x 11)	55 points
Child Information Sheet=	10 points
Behavior Plan=	10 points
Lab Manual Assignment=	25 points
Progress Report=	25 points
Case Study=	~150 points (*this may be adjusted)
	~605 total points

Exams:

Letter Grades

Exam 1 (100 points)	20%	92-100%	A
Exam 2 (100 points)	20%	90-91%	A-
Exam 3 (100 points)	20%	88-89%	B+
<u>Lab (~580 points)</u>	<u>40%</u>	82-87%	B
	100%	80-81%	B-
		78-79%	C+
		72-77%	C
		70-71%	C-
		68-69%	D+
		62-67%	D
		60-61%	D-
		≤59	F

Policy on Written Work:

All written work must be submitted or uploaded to Oncourse (as specified) **at the beginning of class** on the day that the assignment is due to receive full credit (this also includes all lab written assignments, such as activity plans and reflections). At 10:10 the classroom door will be shut and anyone entering later than that will be considered late. **No e-mailed assignments will be accepted. No late written work will be accepted for any reason and there are no exceptions to this rule.** Late work will not be accepted therefore students need to plan ahead. The instructor is not sympathetic to unfortunate, random situations such as "lack of computer access", "loss of information on computer disc", and "dysfunctional equipment". A helpful practice is to try and have assignments completed the day before they are due. All work is to be typewritten and stapled unless otherwise indicated. Written assignments must also be neat. Points will be deducted for frequent misspellings and obvious poor grammar. If a student does not feel confident about their written work, they should seek outside assistance or ask the instructor for help. Work submitted to the instructor **at least 4 school days** before the assignment is due will be reviewed and returned. Handouts specific to each written assignment will be provided.

Attendance Policy for Lectures:

Attendance/participation in all lecture classes is mandatory. An attendance sheet will be circulated at the beginning of each class. It is the student's responsibility to sign the sheet. Students are allowed **2** excused absences for any reason, so use them wisely. Those observed engaging in other activities (e.g. sleeping, doing other work, etc.) will be marked absent for that day.

Conduct Policy:

Students will be held to all conduct expectations outlined in the Indiana University Code of Student Rights, Responsibilities, and Conduct <http://www.iu.edu/~code/code/responsibilities/academic/index.shtml>. As specified in the code, students must follow expectations stated in the course syllabi (including lab manual), as well as those expressed verbally.

Behavior: Students are expected to demonstrate respect, responsibility, and resourcefulness. **I consider tardiness, sleeping in class, leaving during class, reading/studying other material, eating, and side talking disrespectful.** Each day individual student behavior in class will be documented and those observed being disrespectful will be marked absent. Students are expected to be attentive in class, contribute to class discussion, be positive and generally present themselves as young professionals. PETE students: this information will be placed into your file and be accessible to other PETE faculty.

Electronic devices: Electronic devices **MUST** be turned off and put them away before class starts. Students who demonstrate poor electronic device etiquette will be asked to surrender the device to be returned at the end of class **AND** will lose opportunities for extra credit as per the instructor's discretion.

Laptops may be used to take notes during lecture; however, students observed engaging in other activities besides the lecture topic while on the laptop will be prohibited from using a laptop during lecture for the remainder of the term **AND** will lose opportunities for extra credit as per the instructor's discretion. I-pads or other similar devices **CANNOT** be used to take notes.

Test Policy:

An unexcused absence from a scheduled test will result in complete loss of points for the test missed. The course instructor must first approve all excused absences. If an unexpected emergency arises, the student must contact the instructor the day of the exam and provide an acceptable excuse for missing the exam. If the instructor is not notified the day of the exam the student will lose all points for that exam. Exams will not be rescheduled to accommodate student personal obligations. Students will not be allowed to keep exams. Exams will be briefly reviewed in class and further review will take place in the instructor's office during office hours.

Americans with Disabilities Act:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disabled Student Services, Franklin Hall Rm. 096. The phone number is 855-7578

Course Evaluation:

It is the policy of the School of HPER to evaluate all courses taught through the School. Final student course evaluations will be conducted in a manner that maintains the integrity of the process and the anonymity of the evaluators